

# December Warmth



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				6 Spicy Miso Ramen <i>Video: What I Ate in NYC</i>	7 Spiced Hot Chocolate	1 Lemon Almond Cookies 8 Mushroom Burgers
2 Sweet Potato Patties	3 Ginger Coconut Pumpkin Soup	4 Black Bean Chocolate Brownies	5 Warm Soba Noodle Bowl	13 Easy Stuffed Mushrooms <i>Video: Is Vegan a Diet?</i>	14 Hot Cran-Apple Smoothie	15 Cranberry Pomegranate Barley Salad
9 Sweet Potato Nests with Avocado Cream	10 Curried Parsnip Soup	11 Chia Cherry Lentil Muffins	12 Spicy Black Bean Pizza	16 Chocolate Macarons	17 Miso Ginger Sweet Potato Soup	18 Cranberry Thyme Brown Rice Stuffing
23 Mashed Potatoes & Mushroom Gravy	24 Sweet Potato Biscuits	<b>25 Christmas</b> <b>*Savory Buckwheat Loaf</b> Sundried Tomato Red Lentil Loaf	<b>26 Boxing Day</b> <b>*Apple Cranberry Crumble</b> Easiest Apple Crumble	27 Creamy Pumpkin Pasta Sauce <i>Video: Striving for Better Without Feeling Lesser</i>	28 Hot Chocolate Chai Smoothie	22 Gingerbread Cutouts 29 Raspberry Maca Chocolate Truffles
30 Steamed Veggie Bowl with Ginger-Mint-Tahini Dressing	<b>31 New Year's Eve</b> Tropical Sangria Spritzer			<i>NEW videos posted on YouTube on Thursdays</i>		<b>* = meals+ club video</b> <a href="https://veganook.com/meals-club">veganook.com/meals-club</a>